



Welcome to the 2016/2017 Crossfield Minor Hockey Season

Learn to Play

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Welcome to the Learn to Play Program. This program is designed to teach and strengthen your child's basic hockey skills and prepare your young skater for hockey association play. It consists of two ice times per week. They will have access to 1/3 of the ice surface in each of their ice times.

Parents are encouraged to come out and help their young hockey players as they learn the basic skills.

This information sheet will tell you everything you will need to know to get prepared for your family's upcoming hockey season.

Respect in Sport

Respect in Sport, is an online training program that helps define a model of behaviour for all parents, and create a more rewarding, safe and respectful environment for everyone involved.

At least one parent/guardian must have completed the Parent Version of this online course before their child will be allowed to go on the ice. The cost of the program is \$12.50. The program can be found through the [CMHA website under the "Links" tab](#).

Ice Schedule

The Learn to Play Ice Schedule is as follows:

Saturdays 1:00pm to 2:00pm AND Wednesdays 4:45pm to 5:45pm

Your Child's first ice time will be **Saturday September 24th from 1:00pm to 2:00pm**

**Note: Ice time will be shared/split with the Tyke/Initiation teams. The Learn to Play team will occupy 1/3 of the ice surface and Tyke will occupy the other 2/3.*

Please remain in the arena the entire time your child is on the ice.

Practice times and schedules can be found on the [CMHA website under the "Schedules" tab](#). Please refer to this section throughout the season for changes to scheduling as a result of tournaments or other items.

Coaches and Parent Helpers

If you are coaching, or are planning to be an on-ice helper, you must complete the Respect in Sport Coach version and register with the Crossfield Minor Hockey Association. The cost for this program will be reimbursed by the Crossfield Minor Hockey Association with a supporting receipt of completion. The programs can be found through the [CMHA website under the "Links" tab](#). Additional courses are required to be completed by the head coach once he/she has been selected.

If you are interested in coaching for Crossfield Minor Hockey this upcoming 2016/2017 season, please follow the link below to fill out the application form. The form can be found under the ["Coaches Toolkit" tab on the CMHA website](#). **Note all applications must be filled in online and submitted electronically.*

Parents will have access to the players benches to help assist their child.

**If your child requires a skating aid, we strongly suggest that you become an on-ice helper.*



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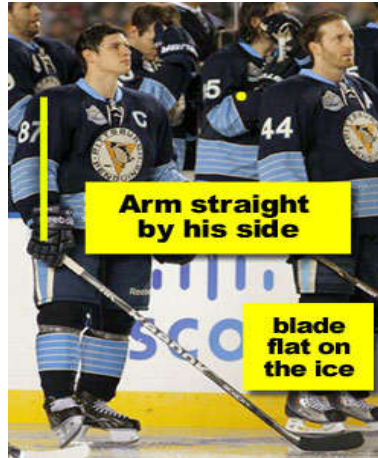
Volunteer Information

Learn to Play parents will be required to complete 4 hours of volunteer time during the 2016/2017 season. The easiest way to complete your hours is to volunteer at the casino (especially if you have older children also in hockey) which is scheduled for February 26th and February 27th, 2017. A sign-up sheet will be posted in the arena. In addition, we would also appreciate any time that parents can donate to help with certain tasks at our tournaments. The Novice tournament is scheduled for November 11th, 2016. A sign-up sheet will be in the arena. More dates to follow and volunteer opportunities will be provided throughout the season.

Equipment

Below is the list of equipment your child needs to come out on the ice:

- Jock Strap/Jill Strap
- Shin pads
- Socks
- Hockey Pants
- Skates
- Neck Guard
- Shoulder pads
- Elbow pads
- Practice Jersey
- Mouth Guard (optional)
- Helmet w/ face shield or cage
- Gloves
- Stick
- Bring your own Water Bottle



Quick Tip: A good way to tell how long your is to have your child stand straight up on his/her skates, with their arm straight by their side. The stick blade should be flat on the ice.

child's stick should be,

Additional information regarding equipment and general parent information can be found on the [CMHA website under the "Information/Parents" Tabs](#)

Contacts and Additional Information

Any additional information you may require can be found at the Crossfield Minor Hockey Website. <http://www.crossfieldmha.com/>

You can also email any questions to Barrett Moore, vicepresident.crossfieldmha@gmail.com